

international  
**MEN'S DAY** UK

# 2026



Making a positive difference to the wellbeing and lives of men and boys



Raising awareness and funds for charities supporting men and boys' wellbeing



Promoting a positive conversation about men, manhood and masculinity



@ukmensday



InternationalMensDayUK

#internationalmensday

**FIND OUT MORE AND JOIN IN**

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