

international
MEN'S DAY UK

19 NOVEMBER 2026



Making a positive difference to the wellbeing and lives of men and boys

Raising awareness and funds for charities supporting men and boys' wellbeing

Promoting a positive conversation about men, manhood and masculinity



@ukmensday
InternationalMensDayUK
#internationalmensday

FIND OUT MORE AND JOIN IN

w: www.ukmensday.org.uk

e: contact@ukmensday.org.uk